



# ZAKOPANE | SEPTEMBER 19-22

# BOSEI TRAINING CAMP

reach for the stars

## OUTLINES

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**ORGANIZERS:** Polish Judo Association & Tokai University

**LOCATION:** COS Zakopane, Poland

**ENTRY REQUIREMENTS:** Males born 2009 or earlier, min. 2nd kyu

**PARTICIPATION:** the team tournament is limited to invited teams ONLY.

**TRAINING CAMP:** open to all athletes who meet the ENTRY REQUIREMENTS criteria.

## REGISTRATION LINK & QR CODE

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Registration link: <https://forms.gle/fecZ9dKoXh8Vg3oA9>

## PROGRAM SCHEDULE

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### 19.09 FRIDAY

10:00 -12:30 Morning training session

17:00-19:30 Afternoon training session

19:30-20:15 Weigh-in for team tournament participants

### 20.09 SATURDAY

09:30-12:00 Morning training session

15:00 Competition hall opens

16:45 Official opening of the team tournament

17:00 Start of team contests

19:30 Final contest

Medal ceremony: 15 minutes after the final contest ends.

### 21.09 SUNDAY

10:00-12:30 Morning training session

17:00-19:30 Afternoon training session

### 22.09 MONDAY

09:00-11:00 Morning training session:

## ENTRY FEE

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No participation fee for teams in the tournament.

Camp participation is free for athletes competing in the tournament.

For other participants: **250.00 PLN** or **50 EUR**.



## PAYMENT

PLN ACCOUNT: 54 1750 0012 0000 0000 3829 6671

EUR ACCOUNT: IBAN PL13 2490 1057 0000 9902 9980 8938

SWIFT/BIC: ALBPPLPW

## WEIGHT-IN DETAILS

Categories: 60 kg, 66 kg, 73 kg, 81 kg, 90 kg, 100 kg, +100 kg

Allowance: 2 kg weight tolerance is allowed.

Athletes must wear underwear during weigh-in.

## TEAM & JUDOGI RULES

Each team may consist of up to 11 athletes.

Both white and blue judogi are mandatory.

Athletes must have back numbers with country codes.

## CONTEST RULES

Contest duration: 4 minutes. No golden score during regular matches – a draw is allowed.

Team scoring system:

- Win: 2 points
- Loss: 0 points
- Draw (in group phase): 1 point per team

In the semifinals, if teams are tied on overall match points, individual wins (small points) will determine the winner. If still tied, each team selects one athlete for a deciding match (golden score – no time limit).

Referees: All contests will be refereed by licensed officials.

## MEDALS & CEREMONY

During the medal ceremony, all team members must wear judogi of the same color.

Medal awards for athletes from teams placing 1st–3rd.

All teams will receive trophies and certificates.

## ACCOMMODATION

Full board accommodation available on request at: [camp@pzjudo.pl](mailto:camp@pzjudo.pl)

Accommodation cat. B (outside COS) 160.00 PLN per night inc. meals.

Accommodation at COS ZAKOPANE 100 EUR per night inc. meals.